

MASTER VANI KABIR



THE 8 TENETS  
OF EVRENROO

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SELF CODING SYSTEM FOR TOTAL ABUNDANCE

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## Introduction to Evrenroo

Evrenroo is not a religion.

It is a remembrance system.

A system built on one understanding:

**Most human beings are not consciously living.  
They are repeating.**

Repeating emotional reactions.

Repeating inherited fears.

Repeating ancestral patterns.

Repeating identities they never consciously chose.

**Over time, repetition becomes personality.  
Personality becomes identity.  
Identity becomes destiny.**

**Evrenroo teaches that awareness interrupts repetition.**

That your life is not only being shaped by your desires, but by your unconscious emotional rehearsals, inherited nervous system patterns, survival conditioning, and the stories you continue telling yourself every single day.

**The Nine Tenets of Evrenroo are not affirmations.  
They are mirrors.**

Each tenet is designed to expose a pattern that quietly controls human behavior and to return a person back to conscious creation.

**Evrenroo is not about becoming someone else.**

It is about remembering who you were before fear, conditioning, chaos, shame, guilt, survival, and repetition became your identity.



# *What you repeat is what you become*

Human beings are creatures of repetition.  
Your mind learns through repetition.  
Your nervous system learns through repetition.  
Your emotional body learns through repetition.

**The problem is that most people repeat things  
unconsciously.**

**They repeat fear.**

**They repeat rejection.**

**They repeat stress.**

They repeat disappointment.

They repeat phrases like:

“Nothing works out for me.”

“I’m always tired.”

“People leave.”

“My life is hard.”

“I can’t trust anyone.”

And slowly, repetition stops being words.

It becomes identity.

Most people are not becoming their dreams.

They are becoming their most repeated emotional  
state.

# What you must observe and transform

Evenroo teaches that reality often mirrors internal rehearsal. It is programming.

## **To live this tenet:**

- Interrupt negative emotional loops.
- Stop glorifying exhaustion.
- Speak differently about your future.
- Replace unconscious repetition with intentional repetition.
- Create rituals of emotional awareness.

You are becoming your repetitions.  
of peace. This is why awareness matters.

## **Observe what you repeat daily:**

- your thoughts
- your complaints
- your emotional reactions
- your self-talk
- your fears
- your assumptions


## **The mind follows familiarity.**

**Choose carefully what becomes familiar inside you.**

**You are not becoming your desires.**

**You are becoming your repetitions.**





*The power was never out  
there. You were bluffed.*

Most people spend their lives searching for power  
outside themselves.

**In validation.**  
**In relationships.**  
**In approval.**  
**In money.**  
**In status.**  
**In predictions.**  
**In followers.**

In other people's opinions.  
They believe confidence will arrive when life finally gives  
them permission to feel worthy.

But external power is unstable.  
The moment your identity depends on external  
validation, fear enters your life.

**Fear of rejection.**  
**Fear of failure.**  
Fear of losing approval.  
Fear of being unseen.

# What you must observe and transform

Evenroo teaches that guidance can exist outside you, but authority must return within you.

**You can learn from people without surrendering your self-trust to them.  
The world conditions people to disconnect from their inner knowing because disconnected people are easier to control.**


People who trust themselves become difficult to manipulate.  
This tenet is about reclaiming internal authority.

## **To live this tenet:**

- **Stop seeking permission for every decision.**
- **Observe where approval controls your choices.**
- **Build self-respect privately, not performatively.**
- **Learn to sit with your own opinion before seeking others'?**
- **Trust your instincts more often.**

The strongest people are not the loudest people.  
They are the people who no longer abandon themselves.  
The power was never out there.  
You simply forgot where it lived.





*Your problems aren't the  
locks. They are the keys.*

Most people see problems as punishment.  
Evenson sees them as information.  
Your repeated struggles often reveal the exact place  
where growth is trying to happen.

**The issue is not always the event itself.  
The issue is the pattern beneath the event.**

A relationship problem may reveal abandonment wounds.  
**Financial instability may reveal fear and inherited  
scarcity.**

Burnout may reveal addiction to proving worth through  
exhaustion.

Life repeats lessons until awareness arrives.  
**This is why many people feel trapped in cycles.  
Different faces.  
Different places.  
Same emotional pattern.**

# What you must observe and transform

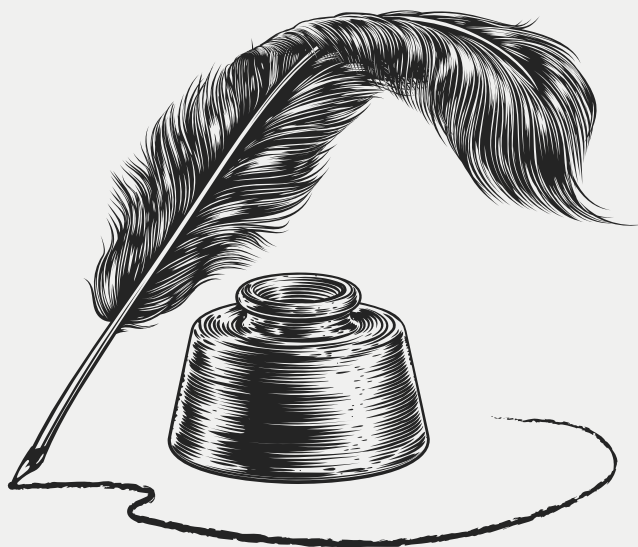
Evenroo teaches that pain becomes wisdom only when observed consciously. Otherwise, pain simply repeats.


## To live this tenet:

- **Stop asking “Why is this happening to me?”**
- **Start asking “What is this trying to reveal?”**
- **Observe recurring emotional themes.**
- **Study your triggers instead of only reacting to them.**
- **Treat discomfort as a mirror.**

Your soul recognizes authenticity immediately.  
Even when the world does not.

**Some of your greatest breakthroughs are hidden inside the very things you avoid facing. The wound is not always the enemy. Sometimes it is the doorway.**





*Your family's past is not  
your destiny. You're  
solving the wrong puzzle.*

Many people spend years trying to fix symptoms while  
ignoring inherited patterns.  
Families pass down more than genetics.

**They pass down:**

**fear  
silence  
shame  
scarcity  
emotional suppression  
abandonment  
guilt  
survival behaviors  
chaos  
people-pleasing**

A child raised around fear often learns fear before  
language.

**People have become so afraid of “negative energy”  
that they forgot to build inner stability.  
A strong mind, a regulated nervous system, emotional  
awareness, and self-trust protect a person more deeply  
than constant paranoia ever will.  
Fear weakens the spirit faster than any curse.**

A child raised around unpredictability often becomes  
hypervigilant without realizing why.

# What you must observe and transform

Evrenroo teaches that awareness interrupts inherited repetition. You are not required to continue emotional patterns simply because they are familiar.


Many people mistake familiarity for identity. But inherited pain is not sacred simply because it is ancestral.

## To live this tenet:

- **Observe your family patterns honestly.**
- **Notice repeated emotional behaviors across generations.**
- **Stop romanticizing suffering.**
- **Question inherited beliefs around money, love, worth, and fear.**
- **Allow yourself to become the interruption.**

Sometimes healing looks like disappointing old patterns. Sometimes evolution looks like becoming the first person in your lineage to choose peace. Your bloodline may explain you. It does not imprison you.





*You are living someones  
else's idea of life.  
Whats yours?*

Most people are performing a life they never consciously  
chose.

**Conditioning begins early.  
Parents shape expectations.  
Society defines success.  
Culture defines worth.  
Fear controls decisions.  
Comparison destroys individuality.**

**And slowly, people lose contact with themselves.**

They begin building lives based on approval instead of  
truth.

**For centuries, people were taught to fear life instead of  
understand it.**

**Fear became obedience. Obedience became tradition.**

**And tradition became truth.**

**People stopped asking:  
"Who am I?"**

**And started asking:**

**"What if something bad happens if I don't do this?"**

A human being disconnected from themselves becomes  
easy to control.

# What you must observe and transform

**Evrenroo asks a difficult question:  
If nobody was watching, who would you become?**

Many people do not know because they have spent years adapting instead of listening inwardly.

This tenet is about returning to authenticity.  
Not performance.  
Not an image.  
Not a social expectation.  
Truth.

## **To live this tenet:**

- **Spend time away from noise and comparison.**
- **Observe where you perform for acceptance.**
- **Ask yourself what genuinely brings you alive.**
- **Make decisions aligned with your values, not trends.**
- **Allow yourself to evolve beyond old identities.**

A peaceful life cannot be built through constant self-betrayal.  
Your soul recognizes authenticity immediately.  
Even when the world does not.





*Peace feels unfamiliar,  
when chaos raised you.*

People raised in emotional chaos often become addicted  
to emotional intensity.

**Calm feels suspicious.  
Stillness feels uncomfortable.  
Peace feels temporary.  
The nervous system becomes trained for survival**

Many people unconsciously recreate stress because  
stress feels familiar.  
They sabotage peace without realizing it.

Many people today are spiritually overwhelmed, not  
spiritually awakened.

**Too much fear.  
Too many predictions.  
Too many rules.  
Too many warnings.  
A truly aligned spiritual path should bring clarity,  
grounding, awareness, and self-connection,  
not constant anxiety.**

They overthink calm moments.  
Create unnecessary conflict.  
Expect disaster during happiness.  
Feel restless in silence.

# What you must observe and transform

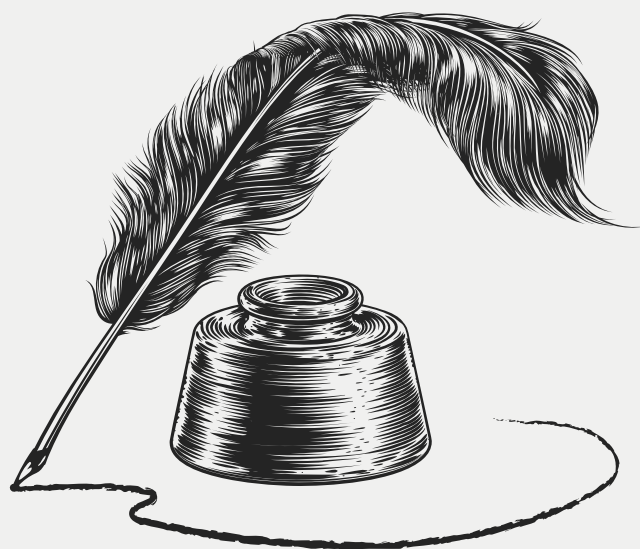
Evrenroo teaches that peace is a skill the body sometimes has to relearn. Healing is not always dramatic.


Sometimes healing is simply allowing calm to exist without destroying it.

## To live this tenet:

- **Learn to sit in stillness without distraction.**
- **Stop interpreting peace as boredom.**
- **Regulate your body before reacting emotionally.**
- **Observe your attraction to chaos.**
- **Build routines that create emotional safety.**

The nervous system cannot instantly trust what it has rarely experienced. Be patient with yourself. Peace may feel unfamiliar before it feels safe.





*Your cells are listening.  
Even when you are not.*

The body remembers.  
Emotions do not disappear simply because they are  
ignored.

**Stress lives in the body.  
Fear lives in the body.  
Grief lives in the body.**

**A fearful mind will always search for fearful answers.  
This is why people become addicted to hearing:  
“Someone has done something on you.”  
“Your destiny is blocked.”  
“Your karma is bad.”  
“Your stars are weak.”  
Because fear gives the mind a dramatic explanation.  
But awareness asks for responsibility.**

Suppression lives in the body.  
People often disconnect from the body until the body  
begins screaming through exhaustion, tension, burnout,  
emotional overwhelm, or numbness.

# What you must observe and transform

Evrenroo teaches that the body is not separate from emotional reality.

## **The body listens to:**

- your self-talk
- your stress
- your pace
- your emotional environment
- your internal tension

Many people speak to themselves more harshly than they would ever speak to another human being.

And the body absorbs all of it.

## **To live this tenet:**

- **Rest without guilt.**
- **Stop glorifying burnout.**
- **Pay attention to emotional tension in the body.**
- **Create moments of stillness.**
- **Speak to your body with respect.**
- **Release emotions instead of constantly suppressing them.**

Your body is not your enemy.

It is often the first messenger.

Listen before it has to scream louder.





# *Destiny is editable.*

This is one of the foundational teachings of Evrenroo.

Your past influences you.  
It does not permanently define you.

**Patterns can change.**

**Beliefs can change.**

**Emotional cycles can end.**

**Astrology was originally a language of observation.  
A way to study cycles, timing, personality, and human  
behavior.  
But somewhere along the way, it became a language of  
fear.**

People now wake up terrified of retrogrades, eclipses,  
Saturn returns, doshas, karmas, and planets — as if the  
sky exists only to punish them.

The stars were meant to guide awareness.

Not remove personal responsibility.

Identity can evolve.  
Most people unknowingly live as if their current reality is  
permanent.

# What you must observe and transform

Evenroo teaches that awareness creates choice.  
And repeated conscious choices create transformation.  
Destiny is not changed through fantasy alone.

## It changes through:

- **awareness**
- **repetition**
- **emotional rewiring**
- **nervous system safety**
- **conscious decisions**
- **daily embodiment**

Every small conscious interruption matters.  
Every moment you choose differently matters.  
Every pattern you refuse to repeat matters.

## To live this tenet:

- **Stop speaking about your future as doomed.**
- **Interrupt inherited emotional reactions.**
- **Build habits aligned with the life you want.**
- **Make choices from awareness, not survival.**
- **Remember that consistency rewires destiny.**

You are not trapped inside your past self.  
You are allowed to become someone new.  
Destiny is not fixed.  
It is responsive to consciousness.



## **The biggest spiritual crisis of this generation is this:**

People are searching everywhere for signs from the universe while completely ignoring the signals coming from within themselves.

Your exhaustion is a signal.

Your patterns are signals.

Your reactions are signals.

Your emotional repetitions are signals.

But nobody taught people how to listen to themselves anymore.

Spirituality was never supposed to disconnect you from reality.

It was meant to bring you back into deeper contact with your mind, body, emotions, choices, patterns, and consciousness.

Real spirituality reconnects.

Fear-based spirituality disconnects.